

Cavatappi with Smoked Norwegian Salmon and Sundried Tomatoes

Seafood Recipe Suggestion Serves: 10

Ingredients

- 4 ounces of dry cavatappi pasta cooked al dente
- 2 ounces sundried julienne tomatoes
- 2 ounces smoked Norwegian salmon
- ½ cup of broccolini blanched left whole
- 2 ounces cherry tomatoes cut in half
- 1 cup yellow zucchini cut in half circles blanched
- ¼ cup julienne red onion
- 1 tablespoon minced garlic
- ½ ounce whole fresh basil leaves
- 1 ounce fresh grated parmesan cheese
- 1 teaspoon salt
- ½ teaspoon black pepper ground
- 3 tablespoons olive oil

In a sauté pan over medium heat, sweat the garlic in olive oil. Add the onions and brown lightly. Once the onions are browned, add the rest of the vegetables with sundried tomatoes and basil. Toss until warm. Add the pasta and salmon and season with salt and pepper. Garnish with the parmesan cheese.



Sysco Menu Item Report

050 - Sysco San Francisco Inc
510 226-3000

Menu Type Name: **pasta**

Menu Item Name: **cavatappi with s.sal & sun tom**

Last Updated: 7/19/2011 12:09:17PM

Serves - 10 for \$165.00

	Plate/Serving	Total	%	
Price:	\$16.50	\$165.00		
Cost:	\$0.49	\$4.95	3.00	
Profit:	\$16.01	\$160.05	97.00	

SUPC XCost	S Mrgn	Description	Brand	Seq	Qty	Type	Unit Cost		
6040885		PASTA CAVATAPPI	LABELLA	1	4.00	OZ	\$0.09	\$0.35	0.07
5889738		TOMATO SUNDRIED JULIENNE	AREZZIO	2	2.00	OZ	\$0.42	\$0.84	0.17
0286561		SALMON SMOKED NORWGN	CRSWAVE	3	2.00	OZ	\$0.86	\$1.72	0.35
8647349		BROCCOLINI FRESH	PACKER	4	0.50	CP	\$0.26	\$0.13	0.03
1000306		TOMATO CHERRY FRESH	PACKER	5	2.00	OZ	\$0.10	\$0.19	0.04
6686596		SQUASH YELLOW FRSH	SYS IMP	6	1.00	CP	\$0.14	\$0.14	0.03
1275007		ONION RED FRESH MEDIUM	PACKER	7	0.25	CP	\$0.03	\$0.01	0.00
1821537		GARLIC PEELED FRESH JAR	SYS NAT	8	1.00	TB	\$0.01	\$0.01	0.00
2004513		BASIL FRESH HERB	SYS NAT	9	0.50	OZ	\$2.42	\$1.21	0.24
3780566		CHEESE PARM REGGIANITO ARGENTI	AREZZIO	10	1.00	OZ	\$0.31	\$0.31	0.06
6040760	S	SALT KOSHER	SYS CLS	11	1.00	TS	\$0.00	\$0.00	0.00
5239785	S	SPICE PEPPER BLACK GRND	SYS REL	12	0.50	TS	\$0.01	\$0.01	0.00
9244021		OIL OLIVE EV/CANOLA 75/25	AUGURI	13	3.00	TB	\$0.01	\$0.02	0.00