

## Chicken Pot Pie

COP Recipe Suggestion  
Serves: 4

### Ingredients

- 1 pound skinless, boneless chicken breast - cubed
- 1 cup sliced carrots
- 1 cup frozen green peas
- 1/2 cup sliced celery
- 1/3 cup butter
- 1/3 cup chopped onion
- 1/3 cup all-purpose flour
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- 1/4 teaspoon celery seed
- 1 3/4 cups chicken broth
- 1 cup milk

4 five inch pie shells and 4 pie crust rounds cut from the sheet of pie dough

Preheat oven to 425 degrees F (220 degrees C.)

In a saucepan, combine chicken and carrots. Add chicken broth to cover and simmer for 15 minutes. Remove from heat and set aside.

In a saucepan over medium heat, cook onions and celery in butter until soft and translucent. Stir in flour, salt, pepper, and celery seed. Slowly stir in chicken and broth mixture along with the milk. Simmer over medium-low heat until thick. Remove from heat and set aside. And let cool to touch.

Divide mixture evenly into the four 5 inch pie shells. Cover with the rounds cut from the sheet of pie dough, seal edges, and cut away excess dough. Make several small slits in the top to allow steam to escape.

Bake in the preheated oven for 30 to 35 minutes, or until pastry is golden brown and filling is bubbly. Cool for 10 minutes before serving.



# Chef's Recipe of the Week

## Sysco San Francisco Inc

### Chicken Pot Pie

Serves - 4 for \$39.96

	Plate/Serving	Total	%
Price:	\$9.99	\$39.96	
Cost:	\$1.86	\$7.43	18.59
Profit:	\$8.13	\$32.53	81.41

SUPC	S	Description	Brand	Seq	Qty	Type	Unit Cost	Cost
1102946		CHICKEN BRST BNLS SKLS RNDM	PACKER	1	1.00	LB	\$2.38	\$2.38
3960341		*CARROT SLI	SYS REL	2	1.00	CP	\$0.05	\$0.05
3533528		*PEA GREEN	SYS REL	3	1.00	CP	\$0.07	\$0.07
1120625		CELERY FRESH	SYS IMP	4	4.00	OZ	\$0.05	\$0.19
7485170		*BUTTER SOLID USDA AA UNSLTD	WHLFARM	5	0.33	CP	\$0.19	\$0.06
1094721		ONION YELLOW JUMBO FRESH	SYS IMP	6	0.33	CP	\$0.02	\$0.01
4014577		FLOUR H&R ALL PURPOSE	SYS CLS	7	0.33	CP	\$0.03	\$0.01
5228499	S	SPICE CELERY SEED WH	IMP/MCC	8	0.25	TS	\$0.01	\$0.00
5568241		BROTH CHICKEN	SYS CLS	9	1.75	CP	\$0.07	\$0.12
2441269		MILK HOMOGENIZED	WHLFARM	10	1.00	CP	\$0.03	\$0.03
2444842		DOUGH PIE SHEET 10X15	LBA	11	1.00	EA	\$2.28	\$2.28
1690106		PIE SHELL DEEP DISH	LBA	12	4.00	EA	\$0.56	\$2.24