

Chorizo, Poblano and Yam Fajitas w/ Lime-Marinated Red Onion

Healthy Hispanic Dishes

Serves: 8

Ingredients

- 2 cups thinly sliced red onion
- 2 tbs fresh lime juice
- 2 cups ½ inch thick peeled sweet potato
- 1 each red bell pepper, cut into julienne
- 1 each yellow bell pepper, cut into julienne
- 2 each 5x6 tomato, cut into wedges
- 14 oz fresh chorizo, casing removed
- 2 fresh poblano (pasillas) chilies, halved, seeded, cut into thin strips
- 8 6 inch flour tortillas
- 1 cup crumbled feta cheese

Directions:

Toss onions and a generous sprinkle of salt in medium bowl. Mix in lime juice. Set aside to marinate, tossing occasionally.

Bring pot of water to boil, add yams and cook until tender.

Sauté chorizo in large sauté pan over medium heat until cooked through, breaking into small pieces. Transfer chorizo to bowl, spoon off all but 2 tbs fat from pan. Add chilies to pan and cover, cook until tender, stirring occasionally. Add peppers cook another minute, add tomato and yams. Add chorizo and toss all ingredients together.

Heat tortilla, spoon chorizo mixture down the center of tortilla, top with feta and onions and a sprinkle of lime marinate... ENJOY...



Sysco Menu Item Report

Sysco San Francisco Inc

510 226-3000

Menu Item Name: **Chorizo, Poblano and Yam Fajitas
w/ Lime-Marinated Red Onion**

Serves - 8 for \$71.60

	Plate/Serving	Total	%
Price:	\$8.95	\$71.60	
Cost:	\$1.12	\$9.00	12.57
Profit:	\$7.83	\$62.60	87.43

SUPC	S	Description	Brand	Seq	Qty	Type	Unit Cost	XCost	Mrgn
1094663		*ONION RED FRESH JUMBO	SYS IMP	1	2.00	CP	\$0.05	\$0.10	0.01
1039304		POTATO SWEET FRESH	PACKER	2	2.00	CP	\$0.04	\$0.08	0.01
6980924		PEPPER RED BELL CHOPPER	PACKER	3	1.00	EA	\$1.28	\$1.28	0.14
7409410		PEPPER YELLOW BELL FRSH	SYS IMP	4	1.00	EA	\$1.84	\$1.84	0.20
1763432		TOMATO BULK 5X6 FRESH	SYS IMP	5	2.00	EA	\$0.68	\$1.36	0.15
2434322		SAUSAGE CHORIZO BULK	CASASOL	6	14.00	OZ	\$0.16	\$2.21	0.25
1342682		PEPPER PASILLA /POBLANO FRSH	PACKER	7	2.00	EA	\$0.47	\$0.94	0.10
2386134		TORTILLA FLOUR PRESS 6"	CASASOL	8	8.00	EA	\$0.11	\$0.92	0.10
0135632		CHEESE FETA CRUMBLD	MKZ IMP	9	1.00	CP	\$0.28	\$0.28	0.03
3865730		JUICE LIME PSTRZD ULTRA PREM	SYS NAT	10	1.00	TB	\$0.01	\$0.01	0.00