

Spanakopita

Greek Mediterranean Serves: 40

116 triangles, 3 triangles to an order, 38.5 orders

Ingredients

Blended Oil	2C
Fennel	2# minced
Shallots	2# minced
Leeks	1.5# sliced into rings, whites only
White Onion	1# minced
Spinach	5#
Baby Arugula	2#
Grated Parmesan	1#
Feta	3#
Marscarpone	10oz
Phylo Dough	3# (about 54 sheets)
Salt and black pepper	to taste

Directions:

- Sweat the fennel, shallots, leeks and onions separately in pans with a little oil and water, cool, then combine in a bowl. Set aside.
- Blanch and shock in an ice bath the spinach and baby arugula. Wring out excess water, roughly chop and add to sweated onion mixture.
- Add the parmesan, feta (roughly crumbled) and marscarpone to the spinach and onion mix. Season with salt and pepper to taste.
- Preheat oven to 350° F.
- Roll out the phylo, keeping it covered on the top and bottom of the stack with parchment paper and cover with a damp towel to prevent cracking.
- Working with one sheet at a time, lay it on a cutting board vertically. Cut into 4 strips. Brush with blended oil and lay one more strip on top and brush with oil again.
- Spoon 2 oz of the mix onto one end of the phylo and fold the phylo as you would a flag, creating a triangle.
- Continue with the remaining mix and phylo, covering with parchment and a damp towel as you go.
- Brush triangles with oil and bake about 15 mins until golden and puffy. Remove and serve.



Sysco Menu Item Report

Sysco San Francisco Inc

510 226-3000

Menu Item Name: **Spanakopita**

Serves - 40 for \$278.00

	Plate/Serving	Total	%
Price:	\$6.95	\$278.00	
Cost:	\$2.14	\$85.79	30.86
Profit:	\$4.81	\$192.21	69.14

SUPC	S	Description	Brand	Seq	Qty	Type	Unit Cost	XCost	Mrgn
5258272		OIL SALAD CANOLA	SYS CLS	1	2.00	CP	\$0.07	\$0.14	0.00
7222557		FENNEL ANISE FRSH	PACKER	2	2.00	LB	\$0.99	\$1.98	0.02
1008580		SHALLOT DRY FRESH	PACKER	3	2.00	LB	\$2.66	\$5.32	0.06
2308161		LEEK BUNCH FRESH	SYS IMP	4	1.50	LB	\$7.82	\$11.73	0.14
8399842		*ONION WHITE JMBO FRSH	SYS IMP	5	1.00	LB	\$1.78	\$1.78	0.02
8474538		SPINACH BABY FRSH	SYS NAT	6	5.00	LB	\$4.55	\$22.75	0.27
5673779		ARUGULA ORGANIC WILD	PACKER	7	2.00	LB	\$4.35	\$8.70	0.10
7820764	S	CHEESE PARM IMP DRY GRTD SHKR	AREZZIO	8	1.00	LB	\$7.00	\$7.00	0.08
0135632		CHEESE FETA CRUMBLD	MKZ IMP	9	3.00	LB	\$4.47	\$13.41	0.16
2389153		CHEESE MASCARPONE DOMESTIC	AREZZIO	10	10.00	OZ	\$0.29	\$2.85	0.03
2157089		DOUGH PHYLLO SHRD KATAIFE	ATHENS	11	3.00	LB	\$3.38	\$10.13	0.12