

Spice Rubbed Chicken & Vegetable Tacos w/ Cilantro Slaw & Chipotle Cream

Healthy Hispanic Dishes

Serves: 12

Ingredients

- 1 ½ cup sour cream
- 1 tbl. chopped canned chipotle chilies
- 2 tbl. golden brown sugar
- 1 tbl. smoked hot Spanish paprika
- 2 ¼ tea chili powder
- 1 ½ tea course kosher salt
- 1 ½ tea garlic powder
- 1 ½ tea onion powder
- ½ bunch cilantro
- 1 ½ cup cabbage mix (green and red)
- 3 tbl lime juice
- 2 small zucchini, quartered lengthwise
- 1 red bell pepper, seeded, cut lengthwise
- 2 tbl. canola oil
- 1 pound skinless boneless chicken breast halves
- 12 6" corn tortillas, warmed

Directions:

Whisk sour cream and chipotle chilies in small bowl, season with salt. Whisk brown sugar and next 5 ingredients in another small bowl to blend for spice rub.

Season zucchini, bell pepper and chicken with canola oil and spice rub.

Grill chicken and vegetables turning occasionally until they are cooked through. Transfer to work surface and cut chicken in ½ inch thick strips. Cut vegetable into ¾ inch pieces. Place chicken and vegetables in large bowl, toss to blend. Mix cabbage, lime juice, cilantro and season with salt and pepper.

Assemble tacos by layering chicken, vegetables topped with chipotle cream, slaw and garnish with lime wedges....ENJOY.....



Sysco Menu Item Report

Sysco San Francisco Inc
510 226-3000

Menu Item Name: **Spice Rubbed Chicken & Vegetable Tacos
w/ Cilantro Slaw & Chipotle Cream**

Serves - 12 for \$107.40

	Plate/Serving	Total	%
Price:	\$8.95	\$107.40	
Cost:	\$0.72	\$8.62	8.02
Profit:	\$8.23	\$98.78	91.98

SUPC	S	Description	Brand	Seq	Qty	Type	Unit Cost	XCost	Mrgn
5020193		CREAM SOUR CULTRD GRADE A	WHLFARM	1	1.50	CP	\$0.07	\$0.10	0.01
3879459		PEPPER CHILI CHIPOTLE DICED	D'ALLAS	2	1.00	TB	\$0.17	\$0.17	0.02
1854926		SUGAR BROWN LIGHT	BKRSCLS	3	2.00	TB	\$0.00	\$0.00	0.00
6040760		SALT KOSHER	SYS CLS	4	1.50	TS	\$0.00	\$0.00	0.00
1048248		CILANTRO BUNCH FRESH	SYS IMP	5	0.50	EA	\$2.64	\$1.32	0.15
7409592		CABBAGE GREEN FRSH	SYS IMP	6	1.50	CP	\$0.12	\$0.18	0.02
1602556		SQUASH ZUCC FRESH	PACKER	7	1.00	LB	\$1.26	\$1.26	0.15
6980924		PEPPER RED BELL CHOPPER	PACKER	8	1.00	EA	\$1.28	\$1.28	0.15
5442405		OIL CANOLA PURE	PACKER	9	2.00	TB	\$0.00	\$0.01	0.00
1720416		CHICKEN BRST BNLS SKLS MARN TP	SYS REL	10	2.00	EA	\$1.85	\$3.70	0.43
5250485		TORTILLA CORN YEL 6"	CASASOL	11	12.00	EA	\$0.04	\$0.54	0.06
5236674	S	SPICE PAPRIKA DOM GRND	SYS REL	12	1.00	TB	\$0.03	\$0.03	0.00
5136940	S	SPICE CHILI POWDER CH	MC CORM	13	2.25	TS	\$0.01	\$0.02	0.00
5265465	S	SPICE GARLIC PWDR	IMP/MCC	14	1.50	TS	\$0.01	\$0.01	0.00
5229125	S	SPICE ONION POWDER	IMP/MCC	15	1.50	TS	\$0.01	\$0.01	0.00