

CHEF'S RECIPE OF THE WEEK

Caramelized Onion, Mushroom and Blue Cheese Kobe Burger

Protein Recipe Suggestion

Serves: 4

Ingredients

- 4 2:1 Kobe Ground Beef Patty
- salt and pepper to taste
- 4 buns (lightly grilled/toasted)
- caramelized onion, mushroom blue cheese sauce (see below)
- 4 green Leaf lettuce leaves
- 8 slices tomato
- ½ cup blue cheese crumbles

Preparation:

1. Season the patties with salt and pepper.
 2. Press your thumb into the middle of each patty to form a depression.
 3. Brush the patties with oil, place on grill and cook until golden brown and slightly charred, about 2-3 minutes per side.
 4. Set aside, cover and let rest for 10 minutes.
 5. Assemble burger with buns, patties, caramelized onion, mushroom blue cheese sauce, lettuce and tomato and garnish with some more crumbled blue cheese.
- Caramelized Onion, Mushroom and Blue Cheese Sauce

Ingredients:

- 2 tablespoons butter
- 1 onion (sliced)
- 2 cloves garlic (chopped)
- 1 teaspoon thyme (chopped)
- 8 ounces mushrooms (sliced)
- salt and pepper to taste
- 1 splash brandy
- 1/4 cup beef broth
- 1/2 cup blue cheese (crumbled, I used gorgonzola)

Directions:

1. Melt the butter in a pan.
2. Add the onion and sauté at medium heat until caramelized, about 20-30 minutes.
3. Add the garlic and thyme and sauté until fragrant, about a minute.
4. Add the mushrooms, season with salt and pepper and sauté until tender, about 10-15 minutes.
5. Add the brandy and broth and deglaze the pan.
6. Simmer until it has reduced by half, about 3-6 minutes.
7. Remove from heat and stir in the blue cheese.



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Sysco San Francisco Inc
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Serves - 4 for \$39.96

	Plate/Serving	Total	%
Price:	\$9.99	\$39.96	
Cost:	\$3.57	\$14.27	35.71
Profit:	\$6.42	\$25.69	64.29

SUPC	S	Description	Brand	Seq	Qty	Type	Unit Cost
5885474		BEEF GROUND PTY KOBE STY IQF	SNKRIV	1	4.00	EA	\$2.34
2626547		*BUN HAMBURGER PLAIN 5"	SYS CLS	5	4.00	EA	\$0.45
6640569		LETTUCE GREEN LEAF CROWNS	SYS NAT	7	8.00	EA	\$0.08
1121490		CHEESE BLUE CRUMBLE	STELLA	8	1.00	CP	\$0.28
4537213		ONION RED DICE 1/8"	SYS IMP	9	0.50	OZ	\$0.22
7102668		MUSHROOM #2 MED SLI	SYS CLS	10	8.00	OZ	\$0.21
1572965		BUTTER SOLID UNSLT USDA AA	PLUGRA	11	2.00	TB	\$0.01
1039270		THYME BUNCH FRESH	PACKER	12	0.10	TB	\$0.03
5568233		BROTH BEEF	SYS CLS	13	0.25	CP	\$0.06
2030419		TOMATO BULK FRESH 5X6	PACKER	14	0.50	EA	\$0.68